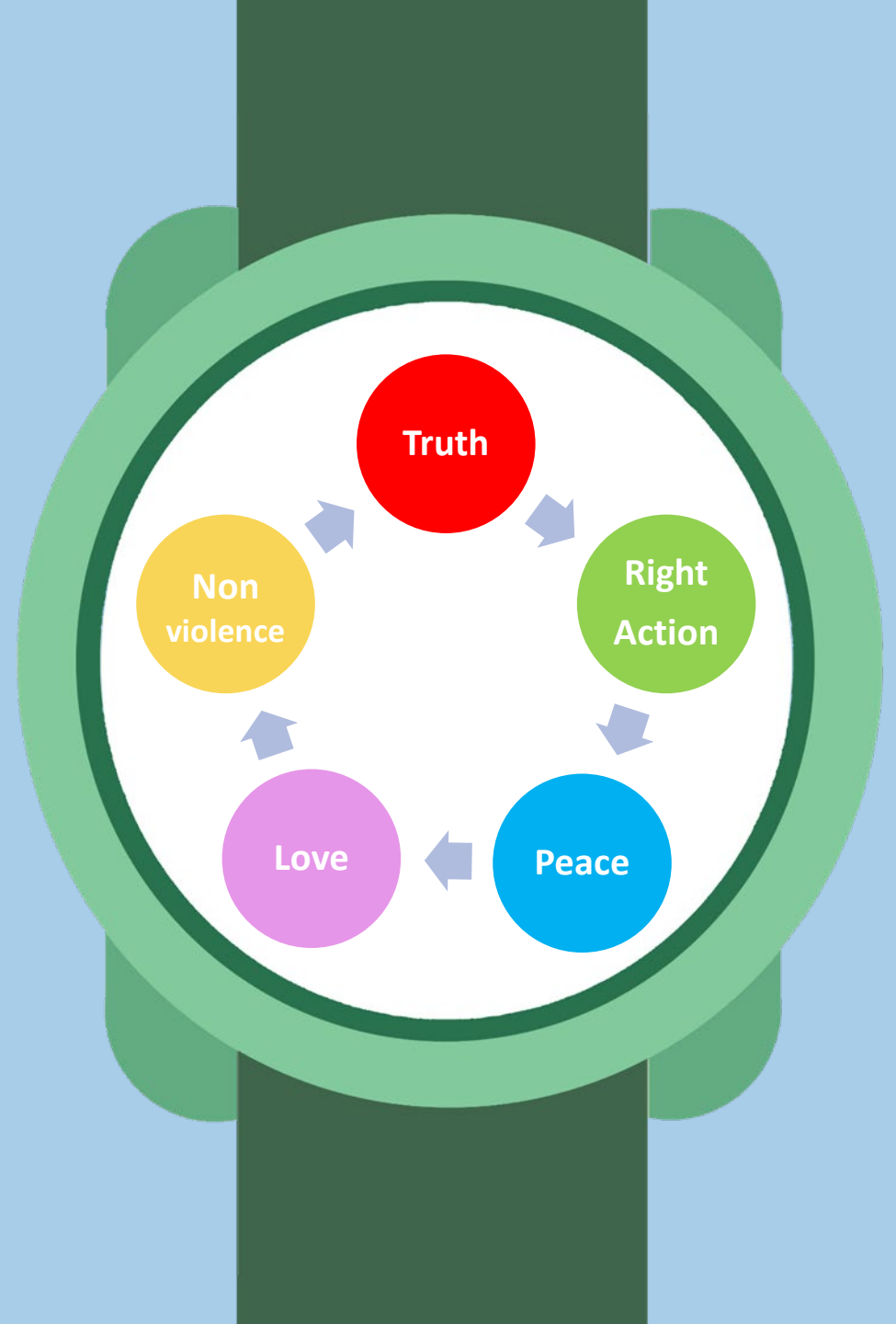


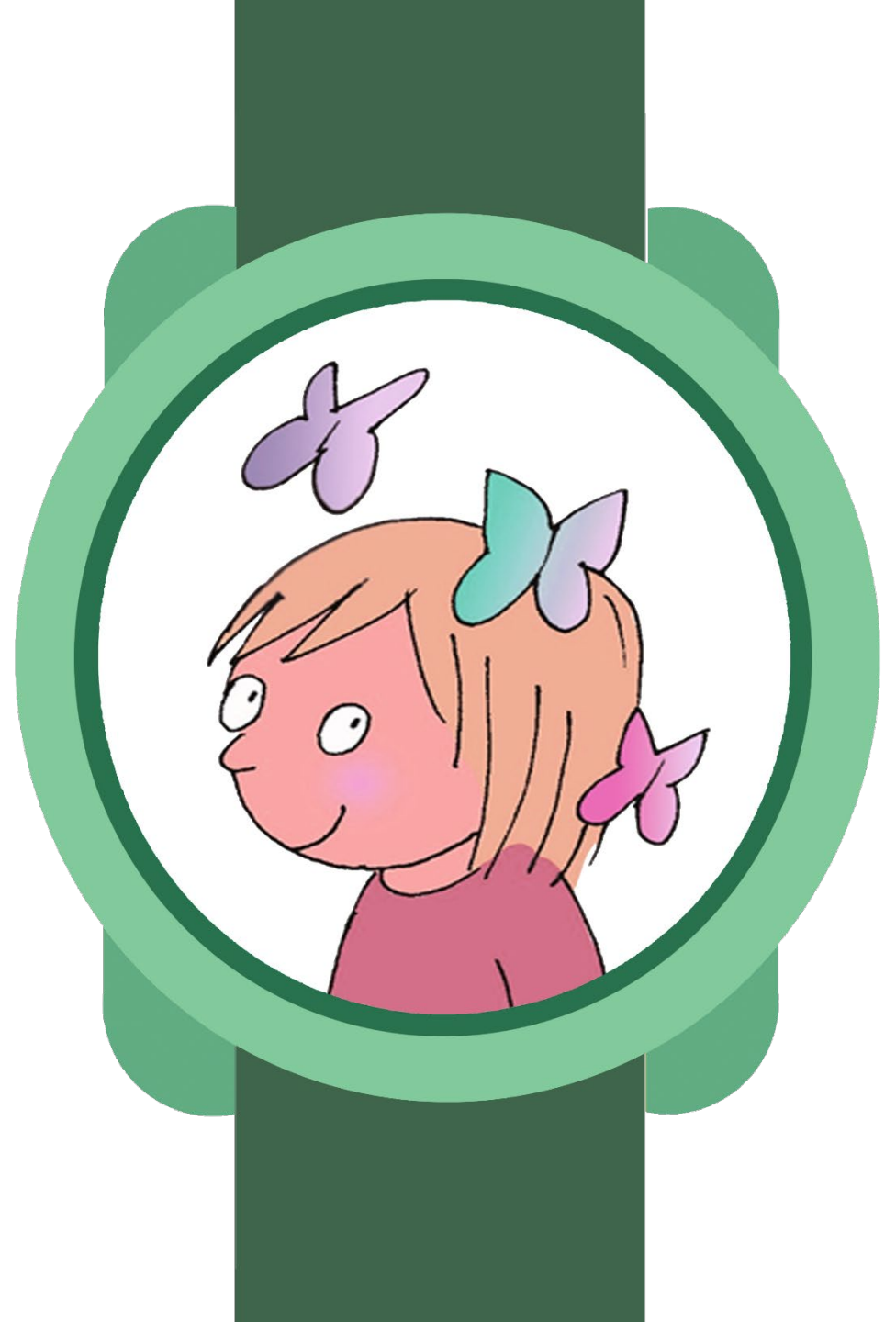
MARTY'S WATCH!

How to use
this website!



This website is for:

- Parents/carers
 - Teachers
 - Educators
 - And naturally children!
-
- Since it takes time to go through the whole website we would like to show you what it is about.



The Premise

Children and youth need to know that we love and trust them; that we see their beauty and potential.

They need role models and DIRECTION (Guidance!).

They need:

- a «compass» capable of guiding and inspiring them.
- and a set of motivational goals, and ethical, moral and spiritual principles to refer to.

These principles are «**Human Values**». They are inherent and universal.

When we realise that human values are within us,
we love and trust ourselves, others and life.

To become value conscious is an education to Peace!



The Premise

Knowledge and information
are not enough...

When we face life's challenges we need to know how to handle our emotions, think clearly, make choices and act on conscience with coherence.



Don't miss the story
«The businessman and the
ferryman».



The Premise

To be coherent means to have **UNITY** in what we **think, say and do**.



- We need to foster unity with ourselves and our inherent goodness (i.e. Human Values).
- **Human Values build Self-leaders!**



Marty's WATCH! is based on:

The «Story of Marty, a Journey on Planet Earth».

It invites us...

- To explore! To look around and within!
- **To WATCH:** our Words, Actions, Thoughts, Character and Heart.

In this process we build:

- **stability** (a focussed intellect).
- **nobility** («a Heart connection»).
- **ability** (a consistency of Head, Heart and Hand).



Who is Marty?

Marty is our leading character!

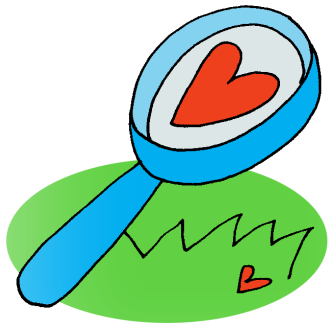
I'm
Marty!

Being in this world is precious and rare. I don't want to sit and stare. I'll look and see, taste and touch, think and feel and find out what is true and real!



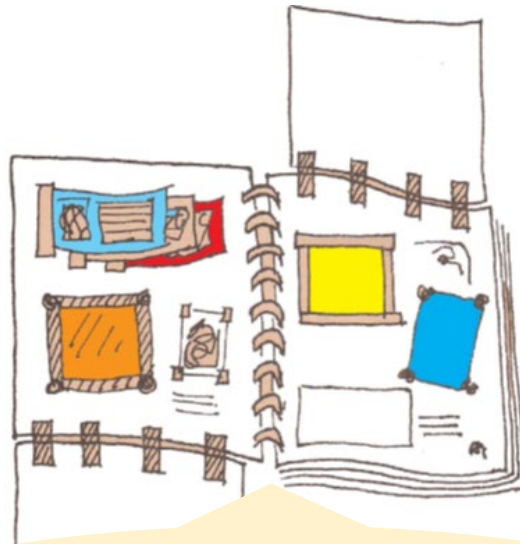
Marty's fall

- Marty falls from a rainbow and lands on planet earth.
- He covers alot of ground looking for his way back home, and learns about his surroundings, other living creatures and himself.

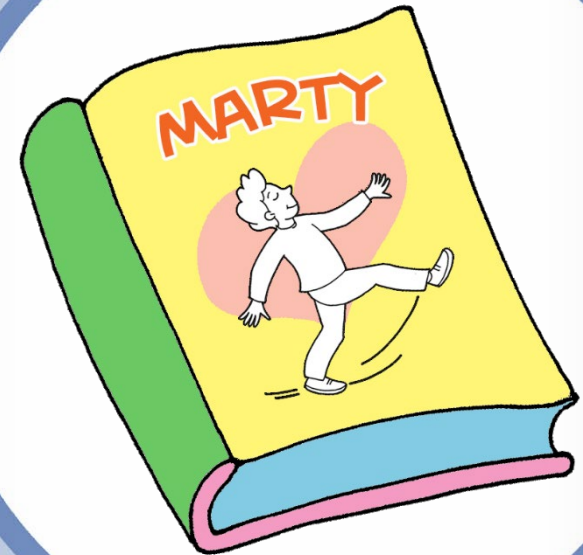


His story is like a thread

It highlights topics such as: self-confidence, character, self-understanding, direction, goal, intention... And many more. These topics are elastic and adaptable to all ages.



Find the worksheet that shows you how to make an explorer notebook, like Marty's!



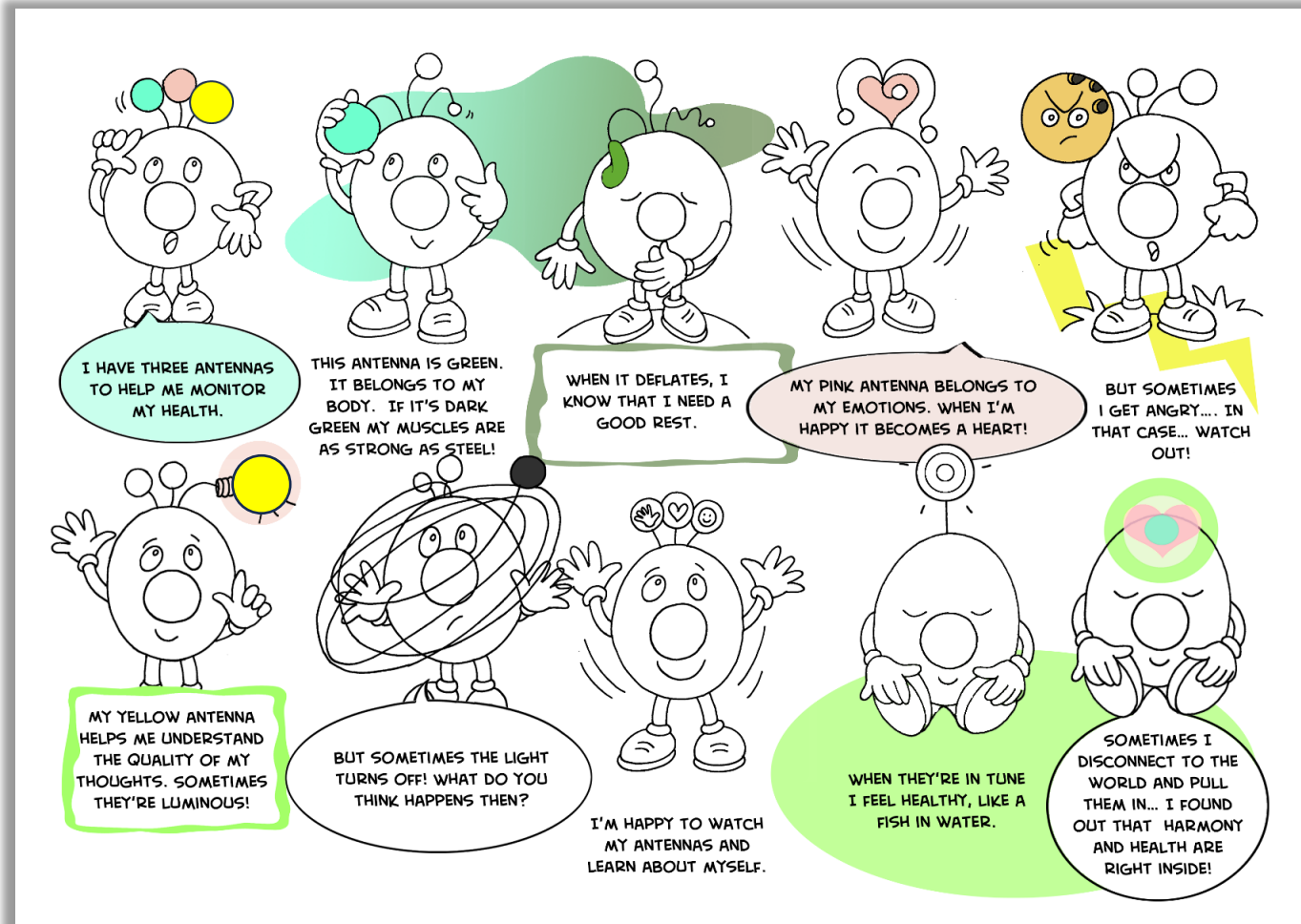
During his journey on planet earth Marty looks outside and inside for his answers.

- 'Inside' means that he discovers human values, in his very own heart.
- Human values aren't things you possess, or wear, but personality traits that make you who you are.

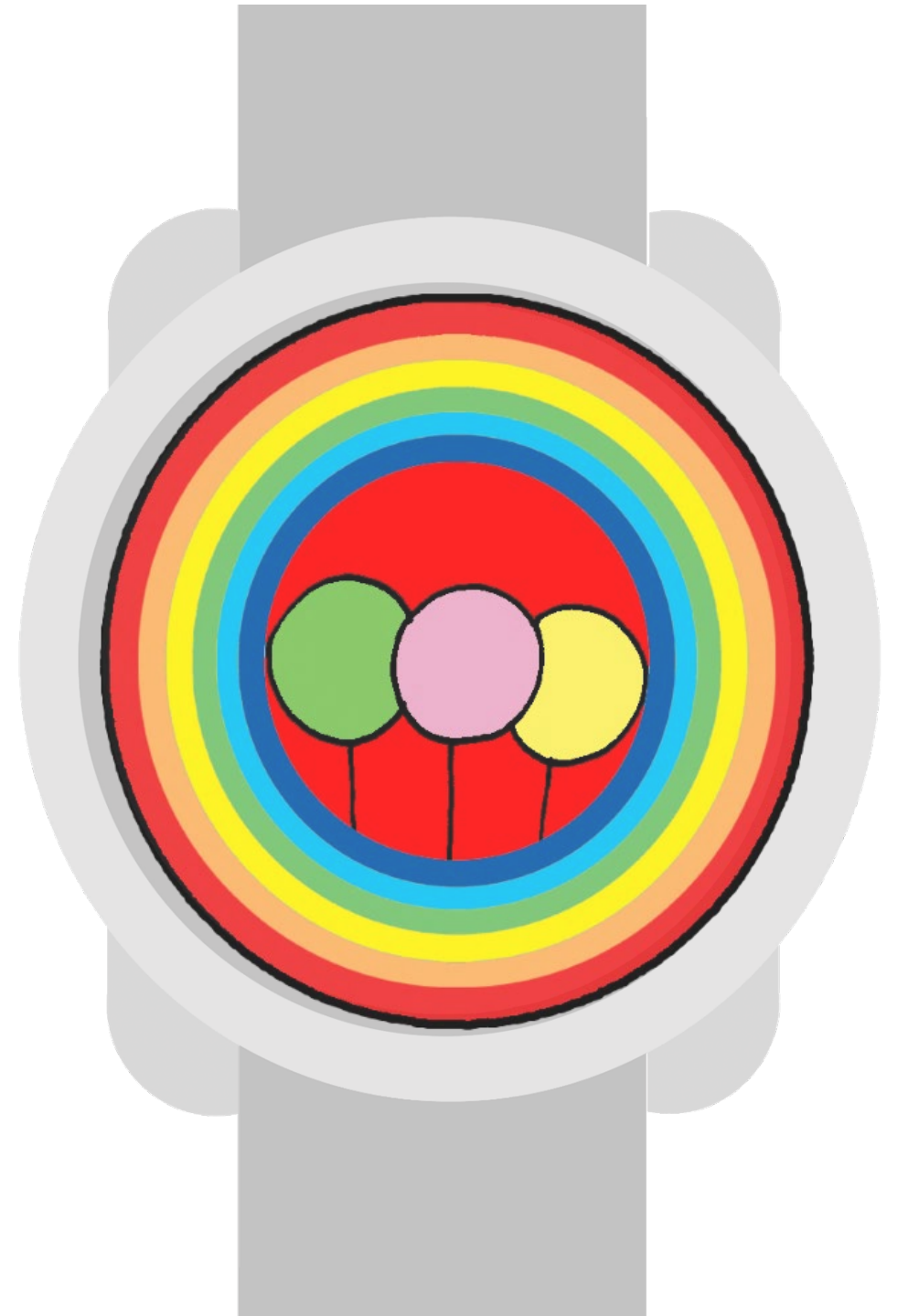
The 5 Human Values are like a compass for me. Truth, Right Action, Peace, Love and Nonviolence are life principles!



Marty has three antennas



Check out Marty's Comic Strips!



Marty's story can be enacted like a musical!
Check out the script!

The Story

- Marty's story has 7 chapters entitled: The Fall, The Map, The Forest, The Kitchen, The Garden, The Key, the Rainbow.
- You can read them a few pages at a time, color the pages and learn with Marty thanks to our practical materials.

The story has been written as a short novel for adolescents, too, and for whoever wishes to read it!

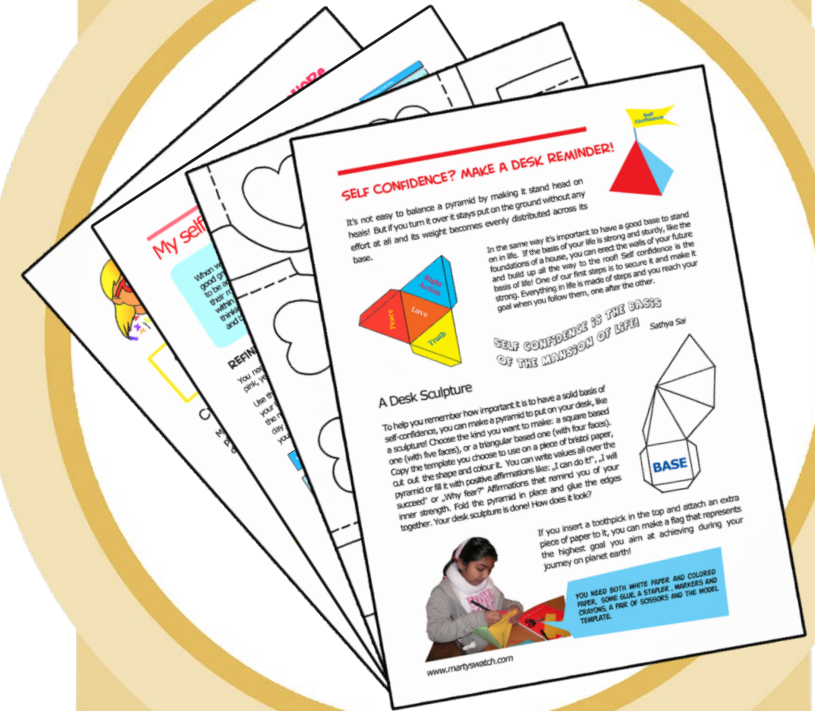
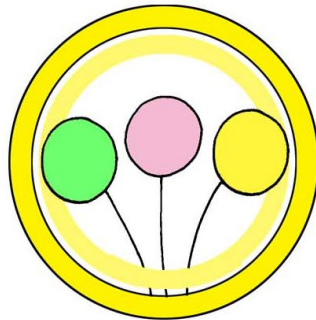
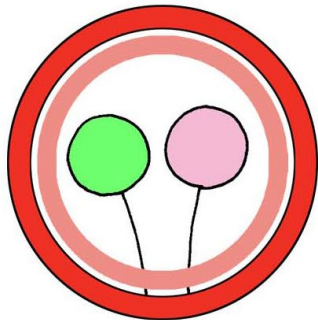
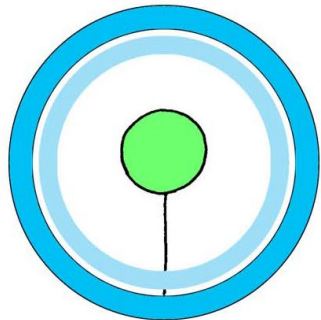


This Website...

... has lots of worksheets...

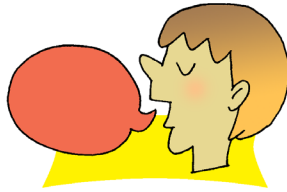
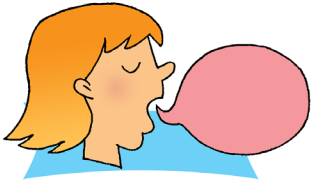
The worksheets offer practical activities to help you understand the sense of the value-topics. They have been divided in age group: 3-6; 6-9; 9-12, but can be adapted to all ages!

Some worksheets have model templates!



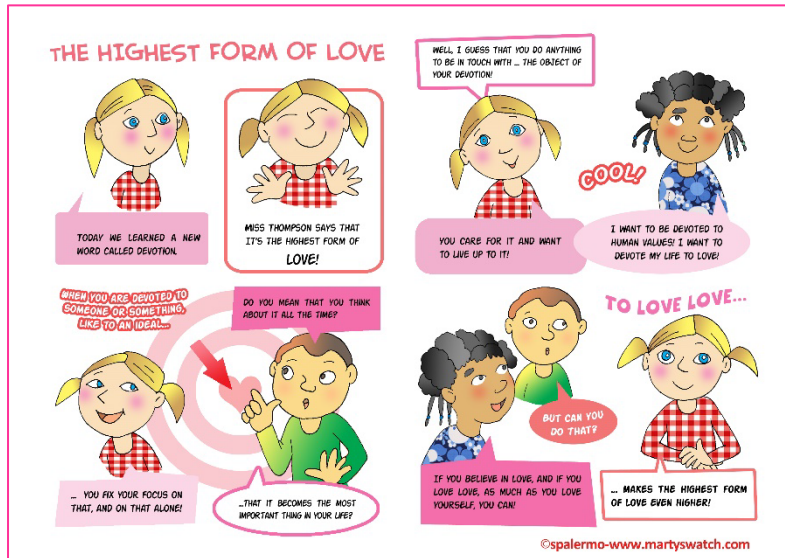


...and other reading material, too!



Meaningful quotes.

Kids Study Circles.



We can enrich the stories section with the ones **you** send us!



There are games and songs...



You make many of the games yourself!

...and you can pick a VALUE!

- Picking a value is fun! When you pick values they inspire you to practice them.
- You can make your own basket of colourful values to keep at home or in class so EVERYONE can pick them!



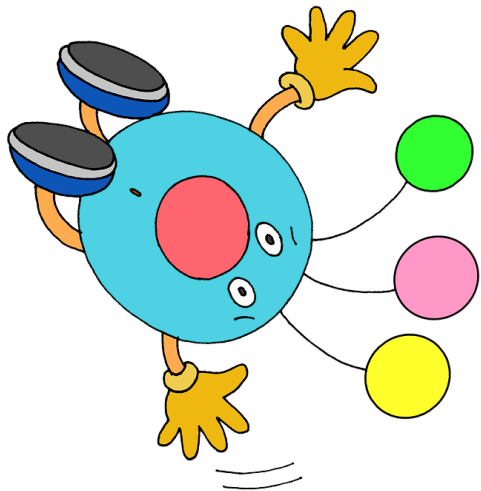
Each time you pick a value you are «calling it forth» from within you because Human Values reside in our hearts. They are like the roots of a tree, you don't see the roots but they are vital to help the tree become strong and filled with fruit!

Human Values are vital and help us be happy and healthy!



Marty's story for children

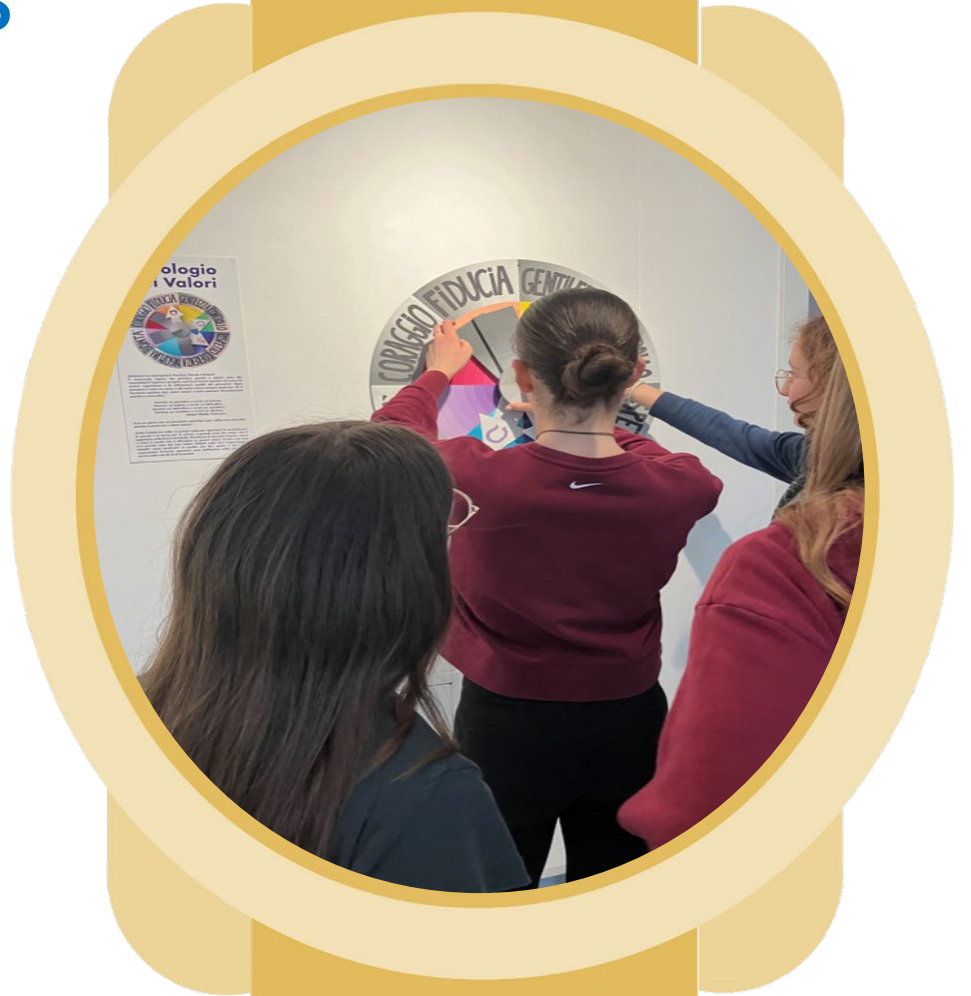
He falls and searches for his way back home...
The first games and activities teach you to
make your own antennas, and all about the
art of concentration. That means watching
your steps!



Marty's story for adolescents

- It hints to a path of self-development and self-Leadership.
- It highlights one's inner resources.
- It stresses the sense and meaning of **character**, (unity of head-heart and hand) which confers stability, nobility and ability.

Stability means learning how to avoid the pull of the senses and to concentrate on one's goals and life mission. If we do not cultivate a stable mind we will become confused and depressed. An unstable mind also creates many desires. How can we be content and happy with what we have? By learning to know who we are!



To sum up

In this website you find:

- | | |
|----------------------------|-----------------------------------|
| 1) Marty's story | 6) Value reading materials |
| 2) Marty's Comics | 7) Songs |
| 3) Worksheets (focus) | 8) Games |
| 4) Worksheets (activities) | 9) Links and additional resources |
| 5) Templates | 10) Additional contributions! |



And lots of FOOD
FOR THOUGHT!

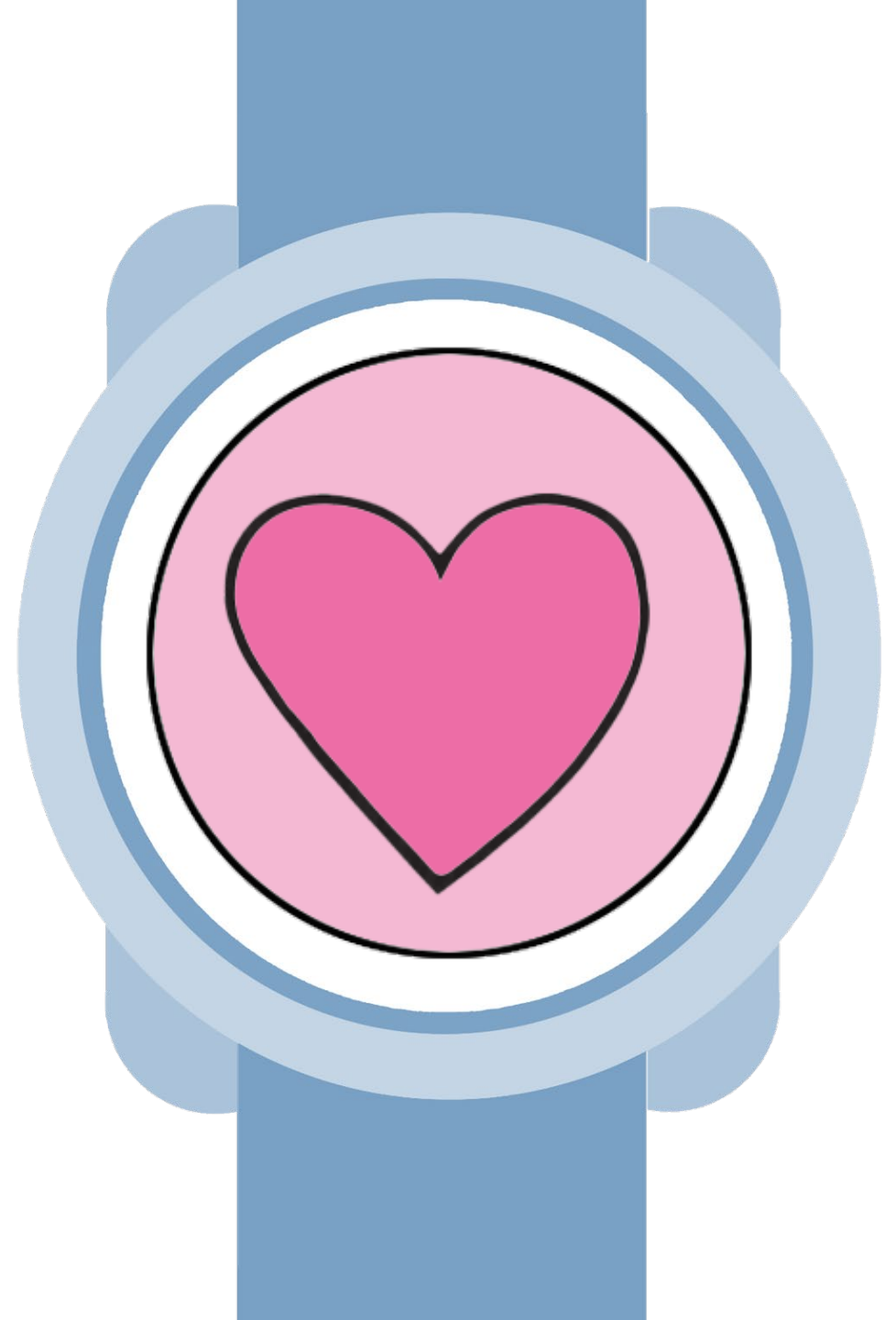
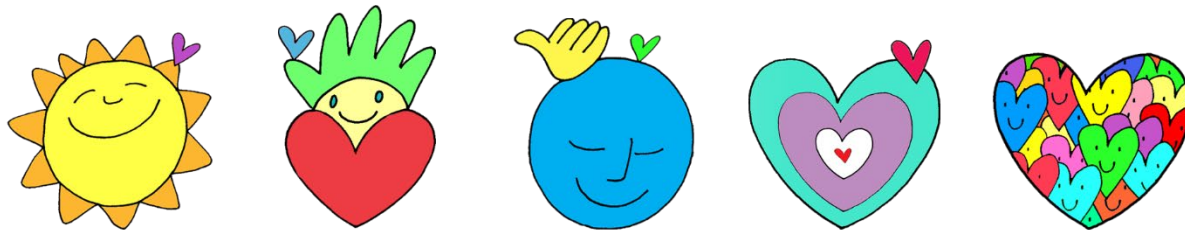
WATCH!
Your
Words
Actions
Thoughts
Character
Heart

3 final things:

Your feedback is important!

The website has an additional section to share the wonderful ways in which the material is being used around the world! Send us your own photos and in-depth findings! We will be happy to make space for them!

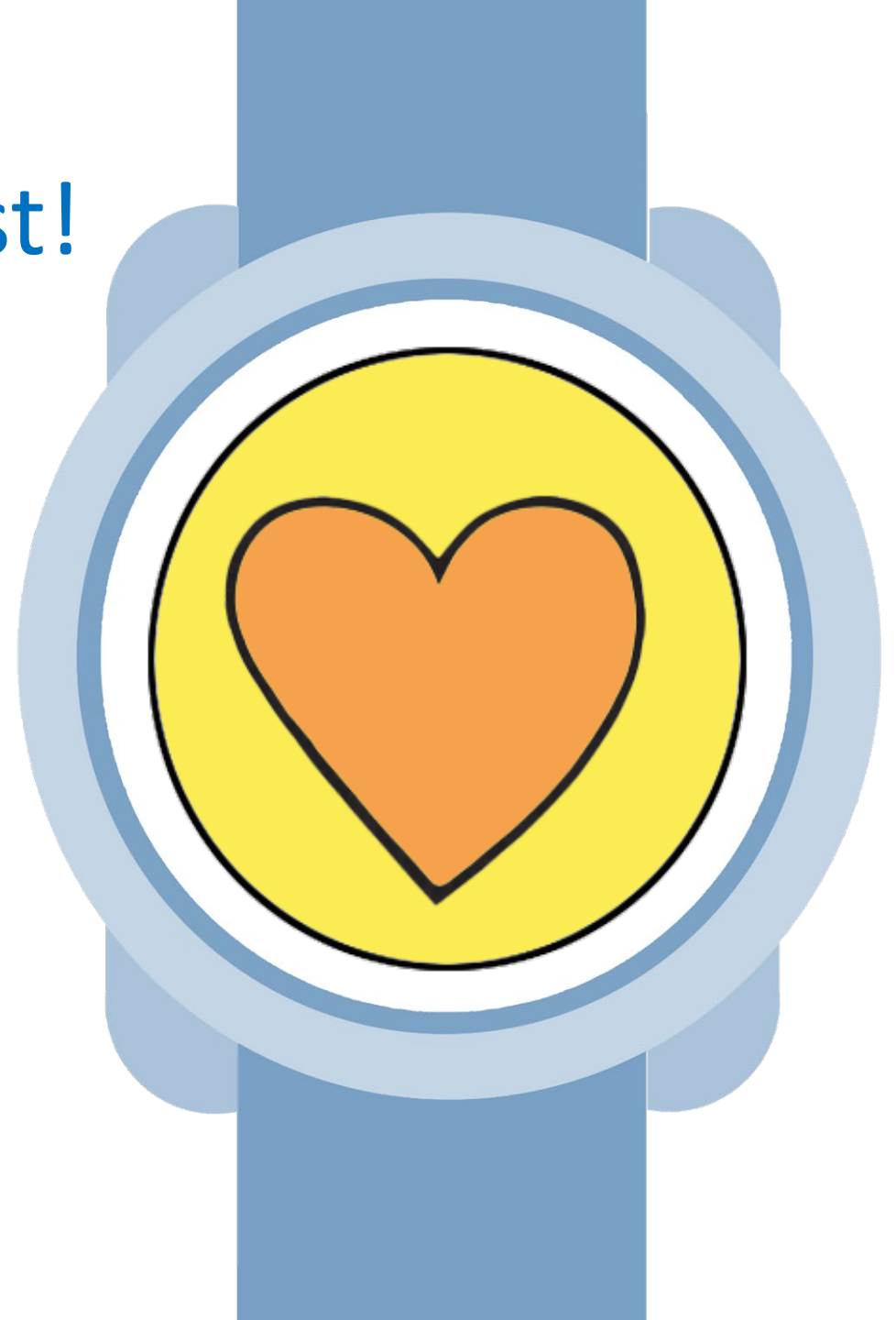
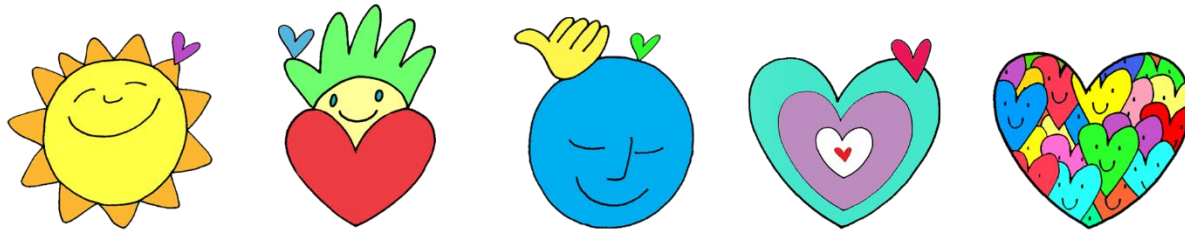
Kindly send us your feedback, and any questions you may have. Write to us at:
martyswatch@gmail.com – or use the contact form.



Don't forget to...

...subscribe to our Mailing list!

If you subscribe to Marty's mailing list, we will notify you on a regular basis when we update the website with something new!



This website is meant for you! Suzanne and Marty are overjoyed that you are visiting it and using its inspiration! Our values teach us that it is a good practice to monitor the way the material is used. Here are our value rules:

Rule n. 1: Parents, grandparents, teachers and whoever enjoys the **Marty's Watch** material is welcome to use it but is not allowed to do so for any commercial use or distribution without written permission.

Rule n. 2: If someone (for example a teacher) downloads Marty's material, making copies for her/his students to use in class, there is no license problem. It is necessary, however, (and a good practice of right action), to cite the source and author.

Rule n. 3: Should the teacher share the material in a school presentation, and/or wish to integrate the story, any of its parts, the worksheets or any portion of the website material kindly ask for authorization. It is a joy for the author to learn about your interest, and it is legally necessary to do so.

Rule n. 4: If the teacher, or parent or user, has his/her own website or blog and wishes to share the story or any portion of the website material on it, we will be grateful if you could provide the link to www.martyswatch@com

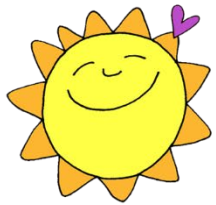


GOOD
PRACTICES
Copyright

We appreciate your readiness to oblige! Thank you!

Thank you for your attention!

We wish you
lots of fun
with Marty!



Truth



Right Action



Peace



Love



Nonviolence

