

# COLOUR ME

The light of kindness and love shines in your heart, and in the heart of all people. But when you feel sad or angry the little light inside of you, which is like a candle, gets so dim that you can't see it anymore. Don't worry! It never burns out! You only need to make it brighter! A kind gesture and a smile will kindle the flame and make you feel better too!

COLOUR THE DRAWINGS AND  
CONNECT THEM TOGETHER.

