OUR EARTH TOOLS!



People on planet earth are unique creatures! We are all different and special! We can be tall or short, big or small, thin or plump, young or old. Our hair can be long or short, straight or curly. It can be red, blonde, brown, black, white and grey! The colour of our skin, our names and our forms can be different too, but we are all made in the same way:

We have a body to move and do things with.



We have a mind to build with because thoughts create.



We have senses and emotions to perceive life and feel with.



We have an intelligent source of light to understand with.



We have a heart to love with!

But the greatest thing about being human is that we are conscious! We know what we think and feel, and we can share our feelings with others. We can make them brighter and better too and improve our character. And with the power of our will we can make our dreams come true!

DID YOU KNOW THAT AN INVISIBLE CURRENT OF ENERGY FLOWS THROUGH ALL THESE THINGS AND MAKES THEM WORK FOR US?

MAKE A SELF PORTRAIT!

You need: paper, markers, crayons and other craft materials.

Make a drawing of yourself. Remember all the parts that make you who you are. The form of your face, the colour of your eyes and skin, the type of clothes you wear... Colour your thoughts and feelings too! What does your inner light look like? What happens when your heart is full of love?



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