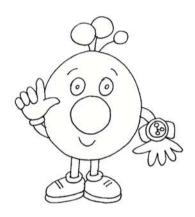
## Marty's Watch

Marty's watch isn't just any watch! It's a super special tool! He received it when he landed on Earth to help him move around and find his way home. It's just like a compass! Thanks to Marty's watch he never forgets how important human values are. Since the verb 'to watch' means 'to be attentive' and 'to observe', his watch reminds him to watch the way he does things, and to be extra careful about the quality of the thoughts and feelings that prompt him into action!





## Maitch Your...

WORDS: make them kind and sweet! ACTIONS: make them good and noble! THOUGHTS: make them positive and shiny! CHARACTER:

think, speak and act good!

HEART: bring out the human values and virtues

that are in you!

## / "Watch!"

My watch is great! Now I'll make one for all my friends!

Do you want to remember the great advice hidden in your watch? Make one like Marty's to wear everyday, or to use as a bookmark! You need the model sheet, coloured paper, scissors, markers and glue.

Cut two long rectangles for the watchband and a round shape for the dial. Make a heart in the middle and four arrows pointing towards the heart. The arrows stand for your thoughts, words, deeds and character. Now they will always be connected to love energy!



POPULAR SAYALIG

Head Heart Hand

www.martyswatch.com