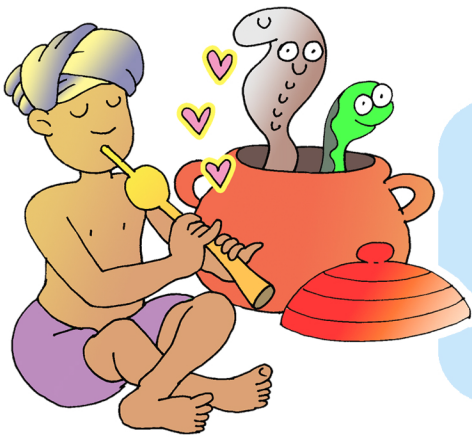


Snakes and ladders



Would you like to turn your bad habits—the ones that can hurt your character—into good habits and virtues, the way a snake charmer tames and transforms snakes?

This game comes from India!

THE GAME

The game 'Snakes and ladders' can be a fun way to do so! It helps you become more aware of your strong spots (your qualities), and learn how to use them to conquer your weaker ones (your negative tendencies).



You will need the game board, some pawns and dice.

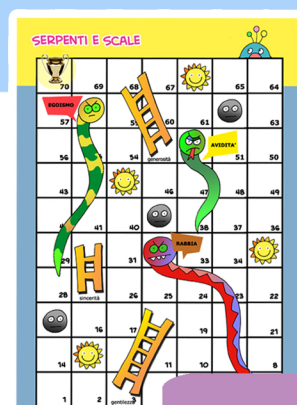
You can play on your own or with friends. The sun represents one of your strengths (which one might it be?). Landing on it lets you move one space forward. The sad face represents one of your weak spots (can you think of one?). Landing on it makes you move back one space. The human values connect you to a ladder, helping you climb ahead and reach your goal more quickly. The snakes of vices make you slide down to the end of the snake's tail!



Can you name your biggest weak spot?



Can you give a value to your biggest strength?



Download your "Snakes and ladders" game board now!

Remember that every day is a new chance to improve one of your weak character traits. Have patience with yourself but aim high!